



the
Spa
Choctaw
Casino | Resort

menu of treatments

Relax, Renew, Restore



menu of treatments

Where relaxation is more than just a state of mind

Welcome to The Spa at Choctaw Casino & Resort—Durant, where relaxation is more than just a state of mind. Step into our retreat to Relax, Renew, and Restore from the outside world. Immerse yourself in luxury and unwind with our spa amenities, featuring steam rooms, lounges for both couples and individuals, and a tranquil whirlpool escape. Experience our menu of treatments designed to transform and rebalance from the inside out.

treatment hours **8:30am to 9pm**
fitness center 6am to 10pm daily



massages

All massage treatments provide tension release, stress reduction, circulation enhancement and overall wellness. Each treatment includes a consultation to focus on areas of need. Treatments are performed by both male and female therapists. If you have a gender preference, please specify during booking.

choctaw essential massage

60 Min - \$120 | 90 Min - \$175

Our traditional full-body, Swedish-based massage eases tension and increases circulation, providing muscle relief to encourage an overall well-being.

deep therapeutic

60 Min - \$135 | 90 Min - \$190

Take your massage to the next level by gradually working the deeper layers of the muscle with customized techniques to relieve deep-seated tension.

ayurvedic abhyanga massage

60 Min - \$130

This time-proven Ayurvedic massage focuses on delivering warm, therapeutic oil with long, rhythmic strokes along the body's energy lines into the deep layers of the skin, eliminating toxins and revitalizing the entire being.

healing stone therapy

60 Min - \$130 | 90 Min - \$185

The Himalayan Salt Stone massage brings together Eastern medicine, Swedish massage, thermal and salt therapies. This full-body treatment promotes increased blood flow and energy balance.

mom-to-be massage

60 Min - \$130

A gentle, relaxing way to soothe tension and relieve stress during this sacred time. Specifically designed to meet the needs of the mother-to-be outside the first trimester of pregnancy.

renewal massage

90 Min - \$180

This personalized, intuitive massage takes on its own rhythm and flow, creating a spa experience that begins with a full body exfoliation, followed by a pampering massage combining Himalayan Salt Stones and ancient healing ingredients to deeply hydrate and moisturize while comforting scents awaken the senses. A balance-restoring pressure point scalp massage completes this spirit-reviving treatment.

sole revival

60 Min - \$125

A combination of massage and pressure is applied to distinct reflex points on the scalp, hands and feet in this therapeutic treatment. Using organic, healing ingredients and essential oils to release energy and improve circulation, contributing to overall well-being.

couples experiences

The two of you – and your choice of massage – all in the privacy of our Couple's Suite.

tranquil tides hydrotherapy experience

90 Min - \$340

Let go and daydream. Take your couples massage to the next level of luxury. It begins with a hydrating bath soak for two to melt away stress and re-mineralize the body. It finishes with a relaxing 60-minute side-by-side Choctaw Essential Massage.

cascade couples experience

90 Min - \$360

Step into our cascading rain shower for two while experiencing skin reviving dry brushing, smoothing exfoliation and a detoxifying mask with your partner, awakening the senses and softening the skin. Wash your cares away before being treated to side-by-side 60-minute Deep Therapeutic massages.



on-the-go treatments

Available Monday to Thursday only

burst of radiance

Available Monday to Thursday

30 Min - \$65

When time is of the essence, this facial does it all: exfoliation, cleansing, hydrating mask and moisturizer.

targeted massage

Available Monday to Thursday

30 Min - \$65

Experience an express treatment for the neck, back and shoulders, customized to your needs.

manicure or pedicure on-the-go

Available Monday to Thursday

30 Min - \$45

Touch up your nails and toes in no time with our On-the-Go nail treatments. Includes cuticle maintenance, nail shaping and polish.

spa day packages

it's all about you

Available Monday to Thursday

120 Min - \$185

Go ahead. You deserve it. Take the day to de-stress, reconnect and take care of you with all four of our On-the-Go 30-minute treatments! Includes Burst of Radiance facial, Targeted Massage and OTG manicure and pedicure. In-and-out, refreshed and ready to take on the world.

renew you

120 Min - \$245

Live the life you love. This treatment features a mineral bath with a bath soak of your choice that will warm and relax the muscles prior to a 90-minute Renewal Massage, leaving you balanced and renewed.

spa journey

240 Min - \$405

This ultimate stress reliever starts with an Illuminating Body Peel that leaves your skin hydrated and soft to the touch, followed with our 90-minute Choctaw Essential Massage to bring a sense of calm. Finish with our Mindful Manicure and Pedicure to complete your journey of well-being.

immersion spa day

240 Min - \$440

Sink into a deep sense of calm and balance from the inside out in our ultimate spa package that includes our Ayurvedic Abhyanga Massage, Beauty Infusion Facial and Six Senses Manicure and Pedicure.

massage, body and skin care enhancements - \$25

Add to any spa treatment to enhance your experience; options are performed within the allotted time of your booked treatment.

- Stone Sampler
- Restoring Hair and Scalp Mask
- Polishing Foot Treatment
- Under Eye Rescue
- 7-Minute Makeover
- Polishing Back Treatment



body treatments

Body treatments provide luxurious experiences that improves circulation, texture of the skin, reduces stress and allows for deeper absorption of hydration and antioxidants. Shaving is not recommended prior to body exfoliation treatments.

awaken

60 Min - \$130

New layers of smooth skin will emerge as your body is gently refined with a soothing coconut sugar scrub infused with jasmine tuberose. The sweet jasmine helps you unwind while exotic tuberose calms skin and awakens the senses. Skillfully applied body crème will leave you in silken bliss.

illuminating body peel

90 Min - \$185

Drift off with our nutrient-rich body experience. This luxurious treatment leaves skin softer, smoother and deeply hydrated. Experience a full-body peel exfoliation, followed by a relaxing Moroccan clay wrap and scalp massage that will leave your skin renewed and illuminated.

detox

90 Min - \$180

This detoxifying treatment begins with a dry brushing, followed by an exfoliation to purify and invigorate. A warm, mineral-rich mask is applied to assist in reducing inflammation and lymph flow. Completed with a balance-restoring pressure point scalp massage to relieve muscle tension.

slow beauty body ritual

90 Min - \$180

Begin with our unique signature opening ritual to calm your body, mind and spirit. Microalgae polishes and refines skin for a brighter appearance while a wrap of avocado oil and aloe nourish and hydrate as the essential oils and extracts of the citrus cardamom scent elevate the senses.

deep sleep

90 Min - \$185

This deeply relaxing body ritual starts with a calming scalp and grounding foot massage. Enveloped in a warm, deep, nourishing wrap to soothe away weariness, a deep sleep is promoted with a full, relaxing 60-minute Ayurvedic Abhyanga Massage which eases tension and brings relief to an overstimulated mind.

waxing and threading

Glowing skin awaits with our hard-wax hair removal treatments. Many of these may be completed during a facial treatment.

brow	\$18	back	\$55	half leg	\$65
lip, chin	\$18	half/full arm	\$45/55	full leg	\$80
full face	\$50	threading	\$20+	brazilian	\$85
bikini	\$55	underarm	\$40	brow & lash tint	\$20+



skin care

Our facials encompass all aspects of innovative skin care, leaving your skin smooth, glowing and radiant. A professional, personalized skin care analysis and customized skin care program are provided with each treatment.

choctaw essential facial

60 Min - \$125

Our signature treatment to cleanse and exfoliate, leaving skin looking hydrated and luminous.

vita-d brightening facial treatment

60 Min - \$165

This powerful treatment will resurface and remove dull and damaged skin layers while restoring balance to environmentally depleted skin. An infusion of topical Vitamin D and C will provide for a luminous, refined skin tone.

luxe-age defying facial

90 Min - \$175

This luxurious facial experience treats the face, neck and décolletage to restore depleted, damaged cells. A double mask application will detoxify and brighten to reveal smoother, more lifted, glowing and youthful skin.

beauty infusion treatment

60 Min - \$160

This customized facial restores vibrancy and skin texture while visibly minimizing the appearance of lines and dark spots. A pure sugar cane exfoliate will gently dissolve dry, discolored surface cells, allowing for the infusion of specially selected key superfoods, natural actives, probiotics and dry oils to restore hydration, brightness, clarity and your natural glow.

the bacial

60 Min - \$180

This unique experience is dedicated to those who just need to unwind. It's the facial that feels like a body treatment. The back is exfoliated, followed by a mask to deep clean congested pores, complemented by an application of hydrating avocado, cardamom and bergamot oils to reduce muscular tension. A relaxing foot and ankle massage will decompress and ease tired, aching feet. This treatment finishes with a deep cleansing facial to remove impurities while fighting the signs of aging. Perfect for travelers or anyone who needs to relax.

fire and ice facial treatment

60 Min - \$130

A stimulating facial alternating between warm and cool for immediate radiance. Targeting aging, dull and sun-damaged skin, this treatment will instantly firm and smooth skin for a youthful glow.

detox facial

60 Min - \$125

This repair-focused facial will combat damage caused by pollutants and free radicals, leaving your skin plump, nourished and replenished while adding strength to aid against further free radical damage.

calming recovery facial treatment

60 Min - \$125

This intensive-yet-gentle facial treatment for sensitive skin combines targeted exfoliation and hydration without irritation. Finished with an uplifting eye treatment to leave skin calm, rebalanced and refreshed.

skin care enhancements

Add an enhancement to any treatment to complement your spa experience; options are performed in addition to your treatment time.

- Stone Sampler Double Mask Enhancement - \$30
- Youthful Eyes and Luscious Lips - \$35
- Firming Neck and Décolleté Lift - \$60



nail treatments

All manicuring and pedicuring treatments are complemented with nail and cuticle shaping and a fresh coat of polish in the color of your choice. We proudly use SPARITUAL – a sustainable, vegan beauty brand based on the rituals of self-care. Kindly let your reservationist know if you are arriving with enhancements for removal.

essential

manicure - 30 Min - \$45

pedicure - 45 Min - \$60

The ultimate in hydration, this manicure and pedicure will revitalize your skin and stimulate your senses.

mindful

manicure - 30 Min - \$55

pedicure - 45 Min - \$65

Treat yourself to a relaxing experience with this fresh, earthy treatment featuring geranium and cedarwood that gently polishes skin, followed by a moisturizing massage with our body crème formulated from ingredients that improve hydration and smoothness.

slow beauty ritual

manicure - 45 Min - \$60

pedicure - 60 Min - \$70

Ultra-luxe exfoliating and mask treatment to renew and restore hydration, leaving your skin with a youthful glow. Finishes with the signature slow beauty massage that melts away tension and stress.

the six senses

manicure - 45 Min - \$65

pedicure - 60 Min - \$75

Drift away with this extrasensory treatment combining all six senses, using a blend of therapeutic ingredients to detoxify impurities and smooth skin while simultaneously creating an inner and outer wellness experience, completed with perfectly polished nails. Experience either a manicure or pedicure like no other that leaves you feeling relaxed and restored in both mind and body.

gel polish removal

manicure - 25 Min - \$30

pedicure - 25 Min - \$30

Shellac, and other forms of gel polish, is removed to restore natural nails. Various brands of gel polish and nail enhancements require significantly longer removal time. We are only able to remove select brands of gel polish for time constraints; please let your reservationist know at time of booking.

nail upgrades

- French Polish - \$20
- Gel Polish - \$25



salon services

We welcome both men and women to experience total indulgence at our full-service salon to bring out the best version of you. A cut or style by one of our artisan stylists using iconic beauty and barber-inspired products is a fabulous addition to any day at the spa.

Shampoo & Style	\$45+	Color Camo (gray blending)	\$40+
Shampoo & Thermal Style	\$60+	Classic Clean Up	\$20+
Shampoo, Cut & Style	\$60+	Classic Straight Razor Shave	\$35+
Color	\$80+	Edge-up & Nape Shave	\$18+
Highlights	\$120+	Men's Custom Hair Design	\$20+
Partial Highlights	\$90+	Men's Signature Cut	\$35+
Glossing	\$60	Men's Signature Cut & Classic Shave	\$65+
Special Occasion Styling	\$80+	Smooth Head Shave	\$45+

eyelash extensions

full set - 90 minutes - \$150

maintenance - 60 minutes - \$90

Enhance the length, thickness and color of eyelashes using lash extensions. A full set of lash extensions requires maintenance every three to four weeks.

makeup application

45 Min - \$60

Let our artistic experts bring out the most beautiful you. Includes makeup application and a full set of strip lashes.

color matching lesson

30 Min - \$50

Our expert artisans will create a new look with a color matching and application lesson.



spa features and amenities

The Spa at Choctaw welcomes you to take the journey into our 22,000 square foot spa including: two luxurious couples' suites, co-ed and separate men's and women's lounges with lockers, whirlpools and steam rooms, our co-ed oasis featuring our waterfall pool, fitness center, full-service Salon and a Spa boutique featuring our local area artisans.

reservations

Reservations for Guests 18 and older can be made by calling 580.916.4450. We strongly recommend scheduling reservations in advance to ensure you receive your preferred treatment times. Spa treatments and prices are subject to change without notice. Spa reservations must be guaranteed with a valid credit card. Please be prepared with a valid ID at check-in.

Select holidays and Friday to Sunday, certain packages and On-the-Go treatments are not available.

groups

The Spa at Choctaw Casino & Resort-Durant welcomes groups of five or more for reservations. We will be happy to host your occasion with custom packages to ensure your experience is a memorable one. Please contact Group Reservations at 580.920.0160, extension 1920.

day passes

The purchase of a Spa Day Pass is based on availability and subject to restrictions during peak times. All-Day Spa Pass Guests must be 18 years of age or older. Day Pass access is \$35.00 Monday to Thursday and \$45.00 on Friday to Sunday. Day Pass access for non-registered hotel Guests are \$45.00 per day.

Please note: due to volume, weekend Day Pass sales may have limited availability.

treatment charge

For your convenience, a 20% treatment charge will be added to each spa and salon treatment received. A portion of the treatment charge is also dispersed to the support staff who assisted in making your experience memorable. In appreciation to any staff for outstanding service, additional gratuities may be given at your discretion.

gift cards

Gift cards are available in any amount and are the perfect gift for anyone. All Choctaw gift cards are redeemable for spa treatments and in our retail boutique. Lost and stolen cards are non-replaceable. Cards may not be redeemed for cash.

cancellations

As a courtesy to all Spa Guests, cancellations must be made 24 hours in advance of your reservation (72 hours for groups of five or more) to avoid a cancellation fee to the card on-file at time of booking.

return policy

Spa products, apparel and merchandise are non-returnable.

spa arrival and check-in

Please arrive a minimum of 15 minutes before your first scheduled treatment; however, we suggest Guests arrive 30 minutes prior to your first spa treatment to comfortably check in, relax and fully enjoy your spa experience. You may wish to shower, use the steam room, whirlpool, or work out in our Fitness Center prior to your reservation. Please remember that your reservation time has been scheduled just for you, and if you arrive late, your treatment time may be shortened. Should this happen, we will do our best to accommodate you; however, out of respect to all other Guest reservations, we cannot guarantee your full treatment.

The Spa, Salon and Fitness Center are all non-smoking facilities (including vaporizers). Alcohol from outside The Spa is prohibited.

spa attire

The Spa provides robes, slippers and a private locker for your personal belongings. We encourage you to leave valuables and jewelry at home or in your safe box located in your hotel room. Toiletries are available within the spa area for your use.

If you plan to work out, please bring appropriate workout attire and footwear. Swimsuits may be worn in the whirlpool, steam room or during wet treatments. You may dress or undress to your level of comfort.

spa etiquette

To ensure a memorable spa experience for all Guests, the use of cell phones and photography in The Spa is strictly prohibited.

health concerns

Please inform our staff when you make a reservation if you are pregnant, have high blood pressure, allergies or any other condition. Many treatments are available for the mother-to-be and our professional staff will advise you on which treatments may or may not be appropriate. The Spa at Choctaw does not perform treatments within the first trimester of pregnancy.

